

Living Your Word Smarter

Use technology to your advantage! If you have a smart phone or a smart device in your house, use it to set up fun reminders about your word. Keep reading for some ideas, or think of your own!



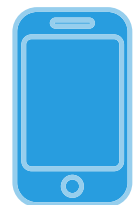
Set a recurring alarm to remind you to live out your special word each day or week, whichever works for you.

Set up a voice command with the question "How can I live out my word today?" and program some responses with ideas for when you're feeling stuck.



Schedule a reminder to check in with your friends or family once a week to talk about ways you are living out positive words in your home and community.

Design a background for your phone, tablet, or computer that reminds you of your special word and save it as the wallpaper on the device you use most.



Use your smart assistant to keep your list of ideas for living out your word. Have it read your list to you when you need fresh ideas or reminders.

Every smart device is different, so you may or may not have all of these features. Get an adult's help setting up your idea, or even doing research about creative ways to use the features of the devices you have at home.