

# My Special Action Bucket

In this activity, you will make an action bucket filled with things you can do to live out your special word.

## Supplies You Will Need

- A container - any bowl, cup, or box will do, but see the idea at the bottom for a fun way to use a box and make your Action Bucket special
- Pieces of paper
- Your special word!
- Someone to hold you accountable
- Craft supplies (optional)

## Activity Steps

1. Write down as many ideas as you can think of for ways to live out your special word, one idea on each piece of paper.
2. Fold up the pieces of paper and put them in the container.
3. Decide on a day of the week to pull an action out of your container.
4. Each week on that day, pull out an action and do it, no matter what!
5. Ask your accountability person to help you remember to pull your actions out each week. This person could be a friend, family member, or trusted adult.

## My accountability person is



## Here's an idea!

If you choose a container that you can decorate, grab some art supplies and use your creativity to make your container special! You can cut out letters from magazines to spell your word, use your favorite colors, or put pictures that inspire you on the outside.